



# Travel and Training Fund

## 2004 Application and Guidelines

### Individual and Team

#### FUND HISTORY

The Travel and Training Fund was established in 1984 to provide direct financial assistance to aspiring athletes with successful competitive records who have the potential to achieve even higher performance levels and rankings. The goal of the fund is to relieve aspiring elite-level female athletes of the financial burden associated with competing at higher levels and to permit them to concentrate on their training. Requests for assistance are considered for coaching, specialized training, equipment, attire and/or travel. An individual may request up to \$2,000 and a team up to \$4,000. Since 1984 the Women's Sports Foundation has disbursed over \$1,000,000 to more than 1,000 individuals and teams. The Fund is replenished through individual and corporate contributions.

#### ELIGIBILITY

1. Individuals and teams applying for this grant must be U.S. citizens or legal residents and meet the following requirements:
  - a) Demonstrate the ability, based on competitive record and years in training, to reach and compete at an elite level
  - b) Amateur female athlete or team
  - c) Compete regionally (outside their state), nationally and/or internationally and/or is ranked by a national governing body
  - d) Successful competition record within the sport or age group
  - e) Not a high school, college, or university team. **Funding requests will not be considered from high schools, college or university sports (intercollegiate or club ) or community recreation sports teams.**
2. An individual or team may be awarded *only one grant per calendar year*. A maximum of three grants can be awarded to an individual or team in a lifetime. In order to provide support to as many athletes and teams as possible, requests for funding by past grantees are not guaranteed, and chances may decrease with each successful funding application.
3. Individual applicants and all members of a team must be *American citizens or legal residents* and be eligible to compete for a U.S. national team.
4. Any athlete who is a member of a team already applying for a team grant *may not* also apply for an individual grant in the same grant period.
5. A team must consist of *two or more females* in order to qualify for a *team* application.
6. Grants awarded that cannot be used by the recipient for its intended purpose must be returned to the Foundation office.

#### College Student-Athlete Eligibility:

Please be aware that it is likely that by accepting a Travel and Training Grant, an athlete's college eligibility may be affected. ***The following information was received from the NCAA in December 2003:***

#### Division I and Division III

Receipt of a Travel and Training Grant will jeopardize a student-athlete's amateur status and make the student-athlete ineligible to participate in intercollegiate athletics at the Division I or Division III level.

#### Division II

Division II recently deregulated several of its amateurism provisions. Therefore, prior to initial-full-time enrollment at any collegiate institution, a student-athlete may use her athletics ability for pay without jeopardizing her amateur status. If the student-athlete delays full-time collegiate enrollment following the graduate date of her high school class and continues to receive funds based on her athletics ability, the student-athlete may have to sit an academic year in resident and may begin using seasons of competition.

**If you have specific questions about student-athlete eligibility, please contact NCAA Legislative Services at 317-917-6222 or your local high school athletic association.**

### APPLICATION GUIDELINES:

1. Applications must be *received* by the Foundation on or before **December 31, 2004**.
2. Typed applications are preferred.
3. **Two letters of recommendation are required.**
  - One recommendation must be from your sport's U.S. Governing Body (ex. USA Gymnastics). **This letter must be on the letterhead of the U.S. Governing Body.** Its purpose is to verify that you or your team are competing at the regional, national or international level and are in good standing. The letter should also address the level of competition reached (i.e. if you are a regional champion: how many participants competed, if winning a competition qualify you for a national tournament, how many regions participate in such a competition and the significance of specific competitions). NGBs are encouraged to include any other information that will assist the review committee in effectively evaluating the candidate.
  - The other recommendation may be from someone familiar with your athletic competition records. The letter should address athletic potential, accomplishments, pursuit of athletic goals and relationship with the person writing the letter. Letters of recommendation must be included with the application packet, they will not be accepted if mailed separately.
4. You may add additional information, i.e., athletic results, newspaper articles. Your completed application packet may **NOT** exceed **11** pages (including the application cover page).
5. Computer-generated reproductions or downloaded (from AOL or www) applications are allowed as long as the application is in the exact same format and includes all questions and statements. Applications that do not follow the exact format or are missing questions, statements or pages will not be accepted.
6. Your complete **application** must consist of the items listed below.  
**5 packets (1 original and 4 copies) must be stapled in the following order:**
  - a. *Application Cover Page*
  - b. *Answers to questions I-VII*
  - c. **2 Letters of Recommendation** - one must be from your U.S. Governing Body.
  - d. **Optional Pages** of additional support material. Complete application packet may not exceed 11 pages.
7. Applications must be *received* by the Foundation via the following services: U.S. Postal Service, UPS, Overnight services (Federal Express, Airborne Express, UPS) or hand-delivered on or before December 31, 2004. **Applications returned by fax or e-mail will not be accepted.**
8. **Conditions under which an application WILL NOT be accepted:**
  - Any application arriving **AFTER** December 31, 2004, OR received by fax or e-mail.
  - Any application reproduced (by computer) incorrectly or incompletely.
  - Any application missing letters of recommendation.
  - Any application **EXCEEDING** the maximum of 11 pages (incl. application cover page)
  - Any application packet that does **NOT** contain 5 stapled copies of all materials.
  - Any application requesting funds for an event or purchase of equipment that will occur before the applicant would receive the grant money (approximately three months after application deadline).

### RETURN FIVE STAPLED COPIES OF THE APPLICATION TO:

Women's Sports Foundation  
Travel and Training Fund  
Eisenhower Park  
East Meadow, NY 11554

*Applications must be at the Foundation office **ON** or **BEFORE** December 31, 2004*



# Travel and Training Fund 2004 Application Cover Page Individual and Team

This application is for (select one) \_\_\_\_\_ Individual \_\_\_\_\_ Team (# of members \_\_\_\_\_)

Name of Applicant: \_\_\_\_\_ Sport: \_\_\_\_\_

Person to contact regarding application: \_\_\_\_\_

Address: \_\_\_\_\_ Years in Training: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Contact person's e-mail address: \_\_\_\_\_

Soc. Sec.# (Tax ID #): \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Age Range of team members: \_\_\_\_\_

Day Phone: \_\_\_\_\_ Evening: \_\_\_\_\_

Local Newspaper: \_\_\_\_\_

Amount of grant requested \$ \_\_\_\_\_

Have you received a Travel and Training grant previously? Yes \_\_\_\_\_ No \_\_\_\_\_

Amount of grant(s) \$ \_\_\_\_\_ Date(s): \_\_\_\_\_

If you are awarded a grant, please indicate below the name of the person or organization to whom the grant check should be written. If your NGB is willing to accept funds in your name, please fill out the appropriate information below. If you are in doubt, please contact your NGB. **If your check is returned because you indicated an incorrect name or address, a \$25.00 processing (bank) fee will be deducted from your grant.**

*Please note: If a person's name and social security number is listed, a 1099 tax form will be sent at the end of the year and the grant will have to be claimed on the recipient's income taxes. If an organization is listed, the organization's Federal Tax ID number must be listed:*

Please make grant check payable to (if different from above): \_\_\_\_\_

SSN/Tax ID# (if different from above): \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

NGB Contact (if check is payable to NGB): \_\_\_\_\_

Applicant's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

*(if under 18 years old)*

Note to Individual Applicants: **Your decision to provide this information is optional. This information is confidential and will not be used by the review panel. (Please check one)**

American Indian, Eskimo and Aleut \_\_\_\_\_ Asian and Pacific Islander \_\_\_\_\_ Black \_\_\_\_\_ Hispanic \_\_\_\_\_

White \_\_\_\_\_ If not listed, please specify: \_\_\_\_\_



## **Travel and Training Fund 2004 Application (Part II of III) Individual and Team**

**Answers to questions (I-VII), the application cover page and any additional attachments may not exceed 11 pages.**

- I.** Provide a brief introduction statement about the applicant, including why you would be a good candidate for a Travel and Training Grant.
- II.** List applicant's athletic competitions, include dates, event titles, location and results, from 2002-2004. Please do not abbreviate competition information. (USOC-United States Olympic Committee). Separate competitions using the following categories:  
Local/Sectional/State  
Regional  
National  
International  
Other
- III.** List athletic awards/ honors received from 2002-2004. Include the award name, sponsor and criteria.
- IV.** Please list specific athletic goals for the next three years (2005 through 2008).
- V.** How will a Travel and Training Grant contribute to the applicant's goals? Please explain how the grant will be used.
- VI.** How has the applicant contributed to girls' and/or womens' sports? What will the future contribution be?
- VII.** Budget (please see next page for budget outline).



## Travel and Training Fund 2004 Application (Part III of III) Individual and Team

**VII. 2004 Income Information to date (including USOC grants/payments) per year.**

Please detail financial support and expenses by providing the amount and a brief explanation on the line provided. Be as specific as possible so the reviewers will be able to recognize financial need clearly. You may attach a separate sheet to explain financial circumstances. NOTE: *If awarded a grant, you may be asked to submit appropriate tax information. If you do not adequately answer this question it may adversely affect your chances of receiving a grant or the amount of the grant awarded.*

**Example: Corporate Sponsorships: \$5,000 (Company XYZ Sponsor Program)**

Corporate Sponsorships: \$ \_\_\_\_\_

Community/USOC/NGB Grants: \$ \_\_\_\_\_

Donations: \$ \_\_\_\_\_

Fundraising: \$ \_\_\_\_\_

Wages and Salaries: \$ \_\_\_\_\_

Prize Money: \$ \_\_\_\_\_

Other Sources: \$ \_\_\_\_\_

**Total 2004 Income: \$ \_\_\_\_\_**

**2005 Estimated Expense Information.** *Please indicate your expenses in the designated space provided. Provide explanations where necessary and/or appropriate. Example: Facility Rental: \$500 (Gym fees \$400 and \$100 ice time)*

Facility Rental: \$ \_\_\_\_\_

Uniforms: \$ \_\_\_\_\_

Insurance: \$ \_\_\_\_\_

Coaches: \$ \_\_\_\_\_

Equipment: \$ \_\_\_\_\_

Entry Fees: \$ \_\_\_\_\_

Travel Expenses: \$ \_\_\_\_\_

Living Expenses (Housing, Food, etc.) \$ \_\_\_\_\_

Other Expenses: \$ \_\_\_\_\_

**Total Estimated 2005 Expenses: \$ \_\_\_\_\_**